



CERTIFICATE OF PARTICIPATION

This is to certify that

Fritz Sonnenberg

Has successfully participated & completed the
42km The Spar Knysna Forest Marathon
held at Knysna.

TIME 05:40:34

PACE 08:06/km

GENDER 364 of 563

OVERALL 539 of 834

50+ 44 of 75

08 July 2023, Sat

Date



BoutTime

Signature

